

Can You Do This	Date	Comments
<i>Week 1</i>		
Watch the video on Body Blocks and Leave it		https://youtu.be/OR7bypn6qy0
Step One: Work through Level one of the leave it behaviours		
Step Two: Add the verbal cue "Leave it"		
Step Three: Use a body block to get your dog to leave a treat on the floor		
Step Four: Have your dog choosing to work with you and ignore the treat on the floor, you are more reinforcing.		
Step Five: Move the treat closer to the dog, making it look as if it is more accessible to the dog		Keep alert; make sure you can always get to the treat before your dog.
Step Six: In motion leave it		Roll a treat past you dog and get them to choose to stay with you.
Step Seven: Drop a few items that your dog likes on the floor and get them to work ignoring the items.		Can use toys or food for this exercise gradually add more and more items as they get better, just keep in mind that they must never get the item. So make sure you can get to it before they can if they think it is too much temptation.
<i>Week 2 – Self Control Challenges</i>		
People walking by on a walk		We want to build up so that the dogs initial reaction to something different in their environment is to look at you for direction – you can tell them leave it or go and investigate depending on the circumstances. Remember we have also got our park the dog behaviour if the new distraction is too much for our dog and they are being over enthusiastic. When first introducing this behaviour praise and give your dog a treat every time they look at you instead of the distraction. You will be surprised how many times your dog does actually look at you, usually owners tend to ignore these looks and the dog stops looking at you because he gets more reinforcement from the environment than his owner.
People Walking by carrying food		The food can get smellier and smellier as the dog gets better.
Other dogs walking by		
Someone playing with their dog nearby		
A person walking by bouncing a ball		
Other Challenges for my dog are:.....		